

# Albert Street Primary School Thursday 2nd of June Community News

### What's On

Friday 3rd June Hot chip lunch orders due

**Thursday 9th June** Pyjama day and hot chip lunch

> Friday 10th June Student Free Day

Monday 13th June Queen's B'day public holiday

> Monday 20th June Chocolate money due

> > Friday 24th June Last Day Term 1 2pm finish

CANTEEN DAYS MONDAY WEDNESDAY FRIDAY

#### Cadbury Fundraiser

Last week, the eldest child is each family received a box of Cadbury chocolates to sell. Thank you to those families who have already sold theirs and taken another box. **Chocolates and/or money are due back by Monday 20th June.** Thank you for supporting fundraising at Albert Street!



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The community of Albert Street PS Moe encourages everyone to dare to dream and reach their potential in supportive, caring environments. Together we recognise and celebrate our success.

We value Partnership, Respect, Optimism and Pride.

#### Warrawee everyone,

#### **School Council**

This meeting was postponed until next week Tuesday June 7th due to councillors being sick and not being able to have a quorum.

#### **Open Day**

This event occurred last Saturday and was attended by new and current families. Volunteer staff were on hand to answer questions and showcase the school. We have welcomed some new enrolments for 2023.

#### School Closure Day 1.

#### Monday 30th of May

Was a staff professional learning day hosted be Berry Street and VACCA. The focus was understanding the traumatised brain and how to support students to re-engage in their learning, some further professional learning around First Nations' culture.

#### School Closure Day 2. Friday 10th June

This is a DET closure day for our school when teachers will be undertaking individual professional curriculum activities. Students are not required on this day. If you require OHSC on this day please contact Their-Care directly.

A kind reminder that Monday 13th June is a public holiday. Enjoy your long week end.

#### 2023 Prep Students

If you have a child who is starting school next year, please ensure you have completed an enrolment form as soon as possible to assist us with planning a transition pathway for your child.

Dr Monique Osborn

#### Maths with 1/2 O'Regan

Last week, Mrs Rossi taught Maths in Miss O'Regan's class. The students from Grade 3/4 H organised and created some Maths games in class. They were required to make up any sheets and collect any supplies that they needed. The students enjoyed teaching the grade 1/2 students the new games and hope to do something similar again soon.



# Sleep

#### Why sleep is important for children aged 5-11 years

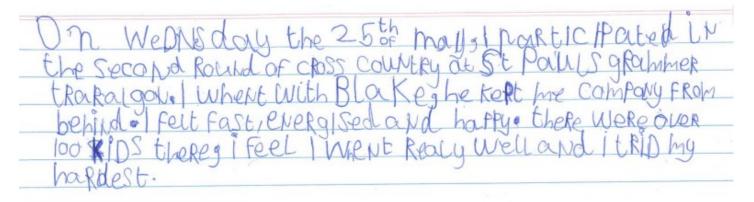
Good-quality sleep helps your child concentrate, remember things, 'egulate emotions and behave well. This all helps your child learn well. Getting enough sleep also strengthens your child's immune system and reduces the risk of infection and illness.

At 5-11 years, children need 9-11 hours sleep a night. For example, if your child wakes for school at 7 am and needs approximately 10 hours sleep per night, your child should be in bed before 9 pm.

Albert Street Primary School is a Child Safe Community At Albert Street we promote diversity and tolerance in a welcoming environment

#### **Cross Country**

Last week, Noah was one of several students who competed in the District Cross Country event. Noah wrote the following about the event. Well done Noah on both the writing and the getting to District level!



#### **School Photos**

Today we have had our School Photo day it was great to see so many smiling faces! This year School photo orders are all placed online. If you have missed out on ordering the photos, orders will still be open for a few more days. For more information please collect an order instruction form at the office or you can order online www.leadingimage.com.au or contact leading image on 1800 750 586



## Gates/Late arrivals/Early Pickups

All gates are locked at 8:45am. If your child is late to school (after 8:45am), or needs to attend an appointment, access will be via the front gate only. At times the gate will be locked for incidents around student safety. Should the gate be locked, please call the office. Family Pick ups and drop offs A-G Yellow Gate H-O Green Gate (Front) P-Z Blue Gate

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What can I do to disprove my thought?



What would I say to a friend who had this thought?



Is there another way to look at it?

# Ways to Outsmart Unhelpful Thoughts



Will this matter in a few months or years?



What are other possible outcomes?



What is a more helpful thought?

"Dare to Dream"



Is my thought actually a fact?

Big life Journal

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