STUDENT OF THE WEEK

**Jye** for speaking very confidently during “Show and Tell”.
**Milly** for being a kind and helpful class member.
**Mikalah** for settling into her new school so very quickly!
**Djinda** for a great effort staying on task and being focussed!
**Kaitlyn** for being a kind and supportive member of our class.
**Spencer (Sports award)** for his large amount of confidence in PE.
**Brycee (Arts award)** for his watercolour fish painting.

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EVERY DAY COUNTS

**Primary School Attendance**

Going to school every day is the single most important part of your child’s education. Students learn new things are school every day – missing school puts them behind.
From the Principal

Hello Everyone,

Important Records Update
Your child has been given a copy of the current information we have on our records. It is important that the school has current contact details as well as media consent. Please take the time to read through the information and make the necessary changes for the office staff to update your records. Please return the form to the office even if no changes are required. Thank you for your co-operation.

School Council Update
Thank you to those parents who have nominated for our School Council vacancies. We welcome Deanne Zealley, Karen Davies and Rachel Zealley. Our first meeting will take place on Tuesday February 24th in the staffroom at 6:30pm-8:30pm. Reports will be distributed to councillors on Friday 20th February.

Family Information Evening and BBQ 17th February Update
This event was organised by staff to provide parents/guardians with important information about the learning and teaching, programs and ways to support with homework. Thank you to those parents and family members who participated in this event. It was great to see parents attend a variety of sessions to gain a “big picture” view of the learning across the school. Thank you to Kieran Browne, Maria Kangelaris, Mandy and Suzanne for cooking the BBQ.

Community Garden Meeting
Our first community garden meeting will be held in the staffroom on Monday 23rd February. The agenda and minutes from the previous meeting have been distributed to Community Garden team members. All new interested parents and family members are welcome to join us. The purpose of the meeting will be to discuss Sensory Garden and Community Garden projects for the year. If you can volunteer a small amount of time or you would like to be a regular contributor to our gardening projects please come along to the meeting.

Late Arrivals
Our school day starts promptly at 8:45am and it is expected that children arrive on time to organise themselves for the start of the first session. It is accepted that families may run late on some days. If this is the case please pick up a late pass at the office. Please note that children who frequently arrive after the 8:45am bell will need to remain at the office with an activity to complete to avoid disturbing the lesson that has already begun.

Monique Osborn

Students in Year 1/2 discovered various ways to measure their jumps last week.
Family Portrait Day - Saturday 21st March (see attached flyer)
Albert Street will be holding a Family Portrait day on Saturday 21st March as part of its fundraising activities for term 1. Places are limited so be early to book your place. The family photo session costs $15 and includes a 20 minute photo session, photo selection time, an 8 X 12 print and a small bottle frame and print. Photos will be taken outside on the school grounds (weather permitting).

Bookings can be made online at www.schoolinterviews.com.au and enter code VHSSV. Payment is to be made at the school office. If you can't access the website, bookings can be made by calling into the office.

The photos will be ready in time for Mother’s Day and will make a beautiful gift. If you have any questions, please contact the school. Thank you for supporting our fundraising efforts.

Fundraising Team

Parent Information and BBQ Night
It was great to see parents getting involved and learning more about our school at Tuesday night’s information night. Below are some pics!

Breakfast Club (Revisited)
Breakfast Club runs every morning before school, thank you to those families who have helped out with time and donations. We would currently like donations of Jam, Honey, Rice Bubbles and Nutrigrain.
Pizza Special Lunch Day
Thursday 26th February
(Revisited)

Special lunch forms need to be returned to your class room teacher by Friday 20th February. Please note that we are unable to accept late orders due to ordering requirements. There are spare forms at the office if needed.

Lunchbox Tips - Mix it up

One of the main reasons a child’s lunch comes home uneaten is because they are bored with the food. Sorry, I know that’s probably not what you want to hear.

Try putting together a weekly lunch meal plan so that you can prepare ahead of time and offer them some variety. Even though some kids may insist on having the same sandwich every single day, mix up the other items in their lunch box.

Include a variety of the food groups in your child’s lunch box. I tend to pick something from each of these groups below.

- Fresh fruit or veggies: a piece of fruit and some raw veggie sticks.
- A serve of dairy: cheese, yoghurt or milk.
- A sandwich or some other form of starchy carb like a roll or a wrap or some crisps or crackers.
- Some sort of protein on its own, on a sandwich or in a salad, including things like lean ham, eggs, chicken and tuna or salmon.
- Sometimes the kids get leftovers like Quiche, Pasta salad or Barbecue chicken.
- A treat: like a homemade Muesli bar, Muffin or Pikelets.
- A bottle of cold water.

WANT TO SAVE MONEY?
FOODcents is Coming!

As part of our partnership with Healthy Together Latrobe we will be offering this program at school.

FOODcents is an education program that helps families to achieve a healthy diet and to save money on their grocery shop. The program is based on a simple concept. To have a healthy diet, people should spend most of their food money on the ‘eat most’ foods and spend least on the ‘eat least’ foods. The ‘eat most’ foods are often the cheapest, so using this spending model means more nutritious foods will be purchased and money will be saved. The program runs for 2 hours a week over 3 weeks.

Dates are as follows:
Thursday 12th March, Thursday 19th March and Thursday 26th March from 9am-1130am.

If you would like to be a part of this program please return the slip below.

If you have any questions please contact Mandy at school on 5127 1966

Places are limited so get in quick!

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FOODcents

I would love to be a part of the FOODcents program.

Name: .................................................................

Phone Number: ....................................................

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